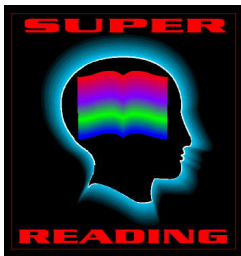


SAVE A DAY A WEEK!

We are proud to offer a proven programme that will upgrade your reading skills of professional materials. Most people have not improved their reading abilities since junior school.

SuperReading is far more than a speed-reading course. It is a system of techniques that increase focus, comprehension and accurate recall of material. And because speed increases as well, SuperReading saves time. Most people save about a day per week. That's equal to saving a month and a half of work days per year.



SuperReading[®]

**Save time and money while increasing comprehension. Master the latest skills to handle demanding reading loads.
Read faster and remember more.**

Who should attend?

SuperReading[®] is a must if you find yourself faced with volumes of reading material. This course is invaluable for those who need to free themselves for more important tasks. Highly beneficial for those whose first language is not English.

Course Content:

Evaluate present abilities

Reverse the 5 Pitfalls of Average Reading

Regression: going back over material repeated times

Sub-vocalisation: pronouncing words mentally

Disorganized reading: no plan or strategy

Poor vocabulary: limits understanding and thinking

Reading one word at a time: inefficient reading method

Master the basics of effective reading

Overcome Sleepy Reader Syndrome (drifting off while reading)

Gain the ability to stay focused

Increase comprehension
Learn Mind-Map Note Taking
Read textbooks & manuals more effectively
Develop powerful Memory Skills
Increase recall
Learn Advanced Reading Techniques

Benefits:

Efficiency

- Saves on average 8 hours per week
- Saves money; at least a 10:1 return on investment
- Frees up time for new projects
- Increases Comprehension (go from 40% to 90%+)

Changes Attitude

- Reduces procrastination as reading is no longer a chore
- Encourages Positive Mental Attitude
- Produces efficient employees

Personal Benefit

- Increases focus & stops daydreaming
- Increases confidence
- Reduces stress
- Memory Course included
- Free access to time management web site

Testimonial:

“We are the engineering team here at Apple Computer who take email questions from Apple end-users all over the world. SuperReading has more than quadrupled our productivity in only 5 weeks.”

-David Lake, Senior Engineer, Global Response Team, Apple Computer

Duration of short course: 1 day

Duration of full course: 6 half days, meeting once per week

SuperReading[®] - “*When You Have to Know What You’re Reading About.*”

For further information please contact The Peak Partnership

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Phone: 01962 733590